



March 2023 Calendar

The Shepherd's Center of Kernersville - Senior Center

636 Gralin St. Kernersville, NC 336-996-6696 or 336-992-3180

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKLY PROGRAMS	10:00 - Bridge 10:00 - Stretch & Flex 11:00 - Caregiver Support Group (2nd and 4th Monday) 11:45 - Beginner's Line Dancing \$6 12:00 - Pinochle 1:00 - Tatting on Zoom 1:00 - Ukulele Band \$ 1:15 - Intermediate Line Dance \$6 2:00 - Chair Yoga I \$5 2:00 - Crochet Lessons \$ 2:30 - Beginner Ukulele Lessons \$ 3:00 - Square Dancing \$6	9:30 - Bee Quilters 10:00 - Acoustic Jam Session 10:00 - Stretch & Flex 11:30 - Hand & Foot 12:30 - Bridge 1:00 - Books Ignite Book Club (3rd Tuesday)	9:00 - 12:00 Computer Lab by Appointment \$5 Donation 10:00 - American Sewing Guild Fee \$ (3rd Wednesday) 10:00 - Games & Conversation 10:00 - Knitting Lessons \$ 10:00 - Tai Chi \$5 12:00 - Open Watercolor Studio 12:30 - Mah Jongg 1:00 - Basket Weaving Kit Fee \$ 1:00 - Bowling at Countryside Lanes \$6 (includes shoe rental and 3 games)	9:30 - Beginner Pickleball Lessons \$ 10:00 - Needle Arts 10:00 - Stretch & Flex 11:30 - Recipe Share Time 11:30 - Recipe Share Time (2nd Thursday) 12:00 - Pinochle 1:00 - Chair Yoga II \$5 2:15 - Beginner Square Dance \$6	9:00 - 12:00 Computer Lab by Appointment \$5 Donation 9:00 - Rubber Stamping with Mona (2nd Friday) \$ Kit Fee 9:00 am - 3:30 pm - Sit-n-Stitch (3rd Friday) 10:00 - Bingo (Bring 2 prizes and win 2 prizes) 11:30 - Hand & Foot 1:00 - Movie Matinee (2nd Monday) 5:00 - Rubber Stamping with Mona (1st Friday) \$ Kit Fee
	\$ Supply and Instructor Fees Call for More Information		1	2 2:30 - Conversational Spanish\$	3 10:00 - Knitting Lessons \$
	6 2:00 - Crochet Lessons \$ New Session (4 weeks)	7 9:00 - 12:00 Free Blood Pressure Check 1:00 - T-Shirt Quilt \$	8 9:00 - 12:00 Free Blood Pressure Check 10:00 - Growing Warm Weather Crops	9 2:30 - Conversational Spanish\$ 10:00 - Curious About Hearing Loss?	10 1:00 - Movie Matinee Call 336-992-3180 for Title of Movie
	13 10:00 - Acrylic Painting Class \$ 10:00 am - Cards by Robin \$12 1:00 - Ukulele Band \$ New Session (8 weeks) 2:00 - Crochet Lessons \$ 2:30 - Beginner Ukulele Lessons \$ New Session (8 weeks)	14 10:00 am - 2:00 pm Healthy Living & Business Expo 10:00 - Talk and Taste \$5 1:00 - T-Shirt Quilt \$	15 1:00 - DIY Wind Chime \$	16 9:30 - Beginner Pickleball Lessons \$ New Session (4 weeks) 10:00 - Hearing Screening by Appointment Only 2:30 - Conversational Spanish\$	17 11:30 - St. Patrick's Day Covered Dish Lunch <i>Sponsored by Arbor Ridge and Kerner Ridge of Kernersville</i> 4:00 pm - 7:00 pm Senior Single Mingle
	20 10:00 - Acrylic Painting Class \$ 2:00 - Crochet Lessons \$	21 10:00 - Talk and Taste \$5 1:00 - T-Shirt Quilt \$	22 10:00 - Stroke: Signs & Symptoms	23 9:30 - Beginner Pickleball Lessons \$	24 Saturday, March 25 Kernersville Classic 2:00 - 5:00 pm
	27 10:00 - Acrylic Painting Class \$ 2:00 - Crochet Lessons \$	28 9:30 - 11:30 Free Blood Pressure Check 10:00 - Talk and Taste \$5 1:00 - T-Shirt Quilt \$	29	30 9:30 - Beginner Pickleball Lessons \$	31 Call to RSVP 2 Business Days in Advance: 336-992-3180
SPECIAL PROGRAMS					