



January 2023 Calendar

The Shepherd's Center of Kernersville - Senior Center
 636 Gralin St. Kernersville, NC 336-996-6696 or 336-992-3180

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKLY PROGRAMS	10:00 - Bridge 10:00 - Stretch & Flex 11:00 - Caregiver Support Group (2nd and 4th Mon.) 11:45 - Beginner Line Dance \$6 12:00 - Pinochle 1:00 - Tatting on Zoom 1:15 - Intermediate Line Dance \$6 1:00 - Slower Paced Bingo (3rd Mon.) 2:00 - Chair Yoga I \$5 3:00 - Square Dance \$6	9:30 - Bee Quilters 10:00 - Acoustic Jam Session 10:00 - Stretch & Flex 11:30 - Hand & Foot 12:30 - Bridge 1:00 - Books Ignite Book Club (3rd Tues.)	9:00 - 12:00 Computer Lab By Appointment \$5 Donation 10:00 - Tai Chi \$5 10:00 - Games & Conversation 10:00 - American Sewing Guild (3rd Wed.) \$ Dues 12:00 - Open Watercolor Studio 12:30 - Mah Jongg 1:00 - Basket Weaving Kit Fee\$ 1:00 - Bowling at Countryside Lanes\$	10:00 - Stretch & Flex 10:00 - Needle Arts 12:00 - Pinochle 1:00 - Chair Yoga II \$5 2:15 - Beginner Square Dance \$6 4:00 - Tedder Bear Stamping on YouTube (call for dates) Acoustic Jam Sessions are no longer scheduled on Thursday Join us Tuesdays at 10:00 am	9:00 - 12:00 Computer Lab By Appointment \$5 Donation 9:00 - Rubber Stamping with Mona (2nd Fri.) \$ Kit Fee 9:00 - 3:30 Sit-n-Stitch (3rd Fri.) 10:00 - Bingo 11:30 - Hand & Foot 1:00 - Movie Matinee (2nd Fri.) 5:00 - Rubber Stamping with Mona (1st Fri.) \$ Kit Fee
SPECIAL PROGRAMS	2 Happy New Year! Shepherd Center Closed	2023 CHILI DAYS Fundraiser Benefiting Enrichment Programming Order and pre-pay for a quart of Prissy Polly's famous chili from The Shepherd's Center before February 8, 2023		5 9:30 - Beginner Pickleball Lessons \$	6 10:00 - Knitting Lessons \$
	9 1:00 - Ukulele Band \$ 2:30 - Beginner Ukulele Lessons \$ 2:00 - Crochet Lessons \$	10 1:00 - Quilted Jacket Lessons \$	11 9:00 - 12:00 Computer Lab By Appointment Only \$5 Donation 10:00 am - Cards by Robin \$12	12 9:30 - Beginner Pickleball Lessons \$ 11:30 - Recipe Share Time 2:30 - Conversational Spanish\$	13 10:00 - Knitting Lessons \$ 1:00 - Movie Matinee Call 336-992-3180 for Title of Movie
	16 1:00 - Ukulele Band \$ 2:30 - Beginner Ukulele Lessons \$ 2:00 - Crochet Lessons \$	17 1:00 - Quilted Jacket Lessons \$	18 9:00 - 12:00 Computer Lab By Appointment Only \$5 Donation 10:00 - Assisting an Individual with Personal Care Hybrid	19 9:30 - Beginner Pickleball Lessons \$ 2:30 - Conversational Spanish\$	20 10:00 - Knitting Lessons \$ 11:30 - Salad, Sandwich, and Soup Lunch
	23 10:00 - DIY Tier Tray \$5 1:00 - Ukulele Band \$ 2:30 - Beginner Ukulele Lessons \$ 2:00 - Crochet Lessons \$	24 1:00 - Quilted Jacket Lessons \$	25 9:00 - 12:00 Computer Lab By Appointment Only \$5 Donation	26 9:30 - Beginner Pickleball Lessons \$ 11:00 - Ways to Keep a Healthy Smile 2:30 - Conversational Spanish\$ 3:00 - Cooking Demo with Guest Chef	27 10:00 - Knitting Lessons \$ 1:00 - Air Plant Terrarium \$6.00
	30 1:00 - Ukulele Band \$ 2:30 - Beginner Ukulele Lessons \$ 2:00 - Crochet Lessons \$	31 1:00 - Quilted Jacket Lessons \$		\$ Supply and Instructor Fees Call for more information	Call to RSVP 2 business days in advance: 336-992-3180